



ROYAL  
BALLET  
SCHOOL

SETTING THE STANDARD

# CURRICULUM POLICY

## SEPTEMBER 2019



## CURRICULUM POLICY

### Aims

The Royal Ballet School seeks to:

- Develop the highest standards of classical ballet education, in most cases as preparation for a career as a professional dancer
- Foster a strong work ethic amongst students
- Maintain excellent academic results in relation to each student's abilities
- Support lower-ability students, raise the attainment of the middle and provide outstanding challenge to the able in academic lessons and artistic classes
- Prepare the students to lead successful and fulfilling lives
- Foster a sense of curiosity and of understanding about the world
- Develop independent, reflective and self-evaluating habits amongst students.

The curriculum, teaching and learning at The Royal Ballet School will:

- Supply full-time supervised education for students of compulsory school age and above
- Be broad and balanced, while permitting the pursuit of exceptional excellence in dance
- Contribute effectively to the intellectual, physical, personal attainment and development of the students
- Give students experience in linguistic, mathematical, scientific, human, social, physical, aesthetic and creative education
- Teach subject matter appropriate for the ages, gender, backgrounds and aptitudes of students, including those students with a statement of SEN and on the SEND Register and those for whom English is not their first language (EAL)
- Enable students to acquire skills in speaking and listening, literacy and numeracy
- Provide for personal, social and health education which reflects the School's aims and ethos
- Provide Citizenship education that supports Fundamental British Values and the aims of the Prevent Strategy
- Provide for appropriate careers guidance
- Enable students to acquire new knowledge and make progress according to their ability so that they increase their understanding and develop their skills in the subjects taught
- Provide students with adequate preparation for the opportunities, responsibilities and experiences of adult life
- Offer all students the opportunity to explore and access their full artistic and academic potential
- Foster in students a sense of delight in the life of mind, body and imagination; the application of creative interest in their work; and the ability to think and learn for themselves
- Involve well-planned lessons, effective teaching and learning, suitable activities and wise management of classroom and studio time
- Be based on a good understanding of the aptitudes, needs and prior attainment of the students, and ensure that these are taken into account in the planning of lessons and classes

- Be taught by teachers well-qualified for what they teach and with an empathy for the aims and ethos of the school
- Be based on resources of a suitable quality, quantity and range
- Ensure regular and thorough assessment of students' work
- Ensure that effective strategies are in place for encouraging responsible behaviour and managing student behaviour
- Be subject to on-going evaluation and review by the Governors' Artistic & Academic Committee, the Artistic Director, Academic & Pastoral Principal, Senior Teachers (White Lodge and Upper School) and others as appropriate.

### **White Lodge (Years 7 to 11)**

#### **Artistic curriculum**

The Royal Ballet School has its own System of Training which is fully documented and which is applied by the students throughout their time at the School.

Artistic classes take place each day (approximately 2 blocks of 2 hours each) including Saturday mornings (approximately 2 hours). In general all Saturday classes end at lunchtime but there may be exceptions during performance periods. Under normal circumstances Year 7 students would not expect to have Saturday classes for the first half of the Autumn Term.

#### **Academic curriculum**

The school day is divided into 9 x 40 minute lessons, Monday to Friday from 8.30am until 4.00pm. Each Year group will take academic lessons for 6 of those lessons per day (a total of 30 lessons per week).

<b>Year(s)</b>	<b>Curriculum</b>			
<b>7 and 8</b>	Art, Drama (LAMDA in Year 8), English*, French, Geography, History, Mathematics, Music, Science, Studies in Religion			
<b>Year 9</b>	Art, Drama, English*, French, Geography, History, Mathematics, Music, Science			
	<b>Core (compulsory subjects)</b>	<b>Block A</b> (each student chooses ONE of these subjects)	<b>Block B</b> (each student chooses ONE of these subjects)	<b>Block C</b> (each student chooses ONE of these subjects)
<b>Year 10 &amp; 11</b>	<b>Core GCSEs:</b> English Language, English Literature, Mathematics~, Double (Trilogy) Science^	French <b>OR</b> Dance Studies	Art <b>OR</b> Music <b>OR</b> Geography~	Art <b>OR</b> History~ <b>OR</b> Drama

*EAL and SEND support is provided to all students during curriculum time on an as needed basis*

*\*Language **and** Literature*

*~IGCSE courses followed*

*^Includes Biology, Chemistry and Physics*

## **Co-Curricular Activities**

All students in Years 7 and 8 also follow a co-curricular Healthy Performer Programme which includes Physical Education, nutrition and cooking.

All students may take instrumental or voice lessons leading towards ABRSM qualifications and preparation for Grade 5 Theory is also provided. Students not taking GCSE Music may need to consider the impact on their other subjects of continuing ABRSM study in Years 10 and 11.

In the Autumn Term all students sing in the School choir that performs at the Carol Service. The annual Summer Concert includes music and drama performances from all year groups.

## **PSHE**

In addition to dance and academic lessons, and co-curricular activities, all students take Personal, Social and Health Education (PSHE) lessons, which also cover Citizenship, Fundamental British Values, anti-radicalisation and Sex and Relationships Education (SRE). This is also supported by the tutoring and assembly programmes. Please see separate policy.

## **Setting arrangements**

Maths and French are taught in Years 7, 8 and 9 in ability sets: 2 per year group. For other subjects Years 7, 8 and 9 are divided, usually alphabetically, into 2 mixed-ability groups of approximately 12 students (called P & Q), with an approximately 50:50 gender mix in each group.

In Years 10 and 11 Maths, French, Science and English are broadly set by ability. In other subjects, classes are mixed-ability, with numbers in option subjects being dependent on student choices.

## **Students for whom English is not their first language (EAL)**

All EAL students are tested on their ability in the English Language on arrival at the School. Wherever possible, EAL students are integrated into normal academic lessons following the same curriculum as their peers. However, the timetable for each individual EAL student will be based on their English language abilities and the amount of support they need. EAL provision may include individual lessons, group lessons and in certain cases EAL students may focus on a reduced number of qualifications at Key Stage 4 or 5.

All EAL students will be required to follow a programme of self-study in the English Language prior to joining the School.

## **Prep (Homework)**

Prep is an integral part of the learning process. It is to be used to help students reinforce the work undertaken in the classroom and to prepare them for subsequent lessons or assessments. It is also a vital part of developing the independent learning skills that are increasingly important as they progress both their academic and artistic education.

Prep should be meaningful, purposeful and a vital part of the learning process. It should not be perfunctory or undemanding of the students. It should be set bearing in mind the need for differentiation and should be sufficiently substantial, with extension possibilities for able and gifted students, in order to ensure that prep time is appropriately utilised.

Students in Years 7 and 8 do 1 hour of prep per evening, in Year 9 they do 1.25 hours and in Years 10 and 11, 1.5 hours per evening. Prep takes place on Monday to Friday.

Prep timetables are issued each year.

### **WHITE LODGE CROSS-CURRICULAR LITERACY POLICY**

This policy is informed by the DfE's Literacy and Learning: Assessing Students' Progress (2008) and Ofsted's Improving Literacy in Secondary Schools (2013) and recognises that:

- a) It is important to link literacy and learning because good literacy skills contribute to learning, whereas poor literacy skills are a barrier to learning
- b) Literacy skills need to be taught systematically and consistently
- c) Students should be given regular opportunities to consolidate their literacy skills by using them purposefully in order to learn
- d) All teachers in a school must share the responsibility for developing literacy and learning 'hand in hand'.

### **Our Whole School Aims:**

- a) To recognise that all teachers are facilitators of literacy in their subject
- b) To recognise that literacy skills underpin subject specific skills and knowledge
- c) To raise literacy attainment at all levels of ability
- d) To ensure that all students have the opportunity to become effective readers, writers and communicators.

### **Objectives:**

- a) To raise the ability of every student
- b) To assess their literacy attainment effectively
- c) To involve all staff in the assessment and delivery of literacy
- d) To enable all students to achieve the national grade requirements at KS4.

### **Monitoring and evaluation:**

- a) Direction from senior management on cross-curricular literacy objectives written into Departmental Schemes of Work
- b) Head of English to inform, recommend and disseminate literacy initiatives
- c) Discussion of literacy issues/initiatives to be included in academic staff meetings

- d) Analysis of MidYIS, GCSE results and other standardised tests.

### **Implementation:**

It is the responsibility of every subject teacher to recognise links between Literacy and Learning through Speaking and Listening; Reading and Writing.

### **Awareness of need for further specific action:**

Departments should refer concerns of a specific literacy issue or issues in the first instance to the SENCO.

### **Key Literacy Objectives for Departments**

**Speaking and Listening:** All departments should use talk:

- a) For a range of purposes and audiences
- b) For questions and answers
- c) To explore, analyse and evaluate
- d) To plan, discuss, and problem solve.

**Writing:** All departments should use writing:

- a) In a variety of forms and purposes for different audiences
- b) For teaching how to plan, organise, draft and edit.

**Reading:** All departments should use reading:

- a) For information gathering from books and other written sources, including the school library, internet and other ICT forms
- b) To develop an interest in reading around the subject matter for enjoyment and enhancement of learning
- c) To extend learning strategies and retrieval skills.

### **Action and Best Practice**

All departments may improve literacy skills of all students in **speaking and listening** by encouraging talk as valuable learning tool:

- a) By making full use of talk in role-play, group and pair work; debate or drama if appropriate
- b) Identifying differences between Standard and Non-Standard English
- c) By using ICT, such as Power Point Presentations, as opportunities for focused talk.

All departments may improve literacy skills of all students in **reading** by using a wide range of written, electronic or other documents in the subject:

- a) By presenting reading at appropriate levels to ability and context
- b) By guiding students through wider reading and teaching research and retrieval skills in the subject area and beyond
- c) By teaching students how to skim read and to recognise recurring subject-specific vocabulary
- d) By hearing students read from their texts aloud to assess readability and to identify students with reading difficulties
- e) By recognising the appropriate readability of texts and worksheets regarding vocabulary and also layout, spacing and colour.

All departments may improve literacy skills of all students in **writing**:

- a) By modelling writing for given tasks and by defining the relevant style for the task
- b) By recognising the need for accuracy in ICT work undertaken
- c) By compiling a folder of exemplar material, providing writing frames etc.
- d) By giving clear details of length, style, form and tone when setting written work
- e) By displaying useful words and phrases, including subject specific vocabulary, in the classroom and by teaching and testing the spellings of these words
- f) By encouraging appropriate presentation skills including handwriting and accurate use of SPAG
- g) By the use of accurate and relevant displays of students' work.

#### **WHITE LODGE CROSS-CURRICULAR NUMERACY POLICY**

The use of numeracy across the curriculum offers students an invaluable opportunity to apply their mathematical skills to real life situations and to develop confidence in the use of numbers, graphs and data.

#### **Our Whole School Aims:**

- a) To develop and maintain standards in numeracy across the curriculum
- b) To enable students to acquire and develop mathematical language, skills, knowledge and understanding within their individual capabilities
- c) To develop logical thinkers who become secure in numeracy through an understanding of the nature of number, space, relationships and patterns
- d) To assist the transfer of students' knowledge, skills and understanding between subjects
- e) To equip students with strategies to enable them to apply mathematics to real and unfamiliar situations beyond the classroom.

#### **Students will, therefore, be able to:**

- a) Describe, explain and justify their quantitative thinking
- b) Handle data skillfully and with confidence
- c) Accurately construct graphs and use metric measurements.

#### **And this will enable them to:**

- a) Cope with the mathematical demands of daily life
- b) Use numeracy skills more effectively in all areas of the curriculum
- c) Have a greater likelihood of achieving economic well-being in their daily lives.

**Objectives:**

- a) To build on previously acquired numeracy skills
- b) To involve all staff in helping students to improve and apply their numeracy skills
- c) To ensure that all students develop an appropriate mathematical vocabulary
- d) To enable all students to achieve the national grade requirements at KS4.

**Implementation**

Teachers of Maths should:

- a) Be aware of the mathematical techniques used in other subjects and provide assistance and advice to other departments so that a correct and consistent approach is used in all subjects with a particular focus on the numeracy skills needed for Science subjects
- b) Provide information to other subject teachers on appropriate expectations of students and the difficulties likely to be experienced in various age and ability groups
- c) Through liaison with other teachers, ensure that students have appropriate numeracy skills by the time they are needed for work in other areas
- d) Work with the SENCO to identify specific mathematical targets and develop suitable numeracy skills for students, where appropriate.

Teachers of subjects other than Mathematics should:

- a) Ensure that relevant mathematics is used throughout the curriculum as opportunities occur
- b) Ensure that they are familiar with correct mathematical language, notation and techniques relating to their own subject and encourage students to use these correctly
- c) Create a positive approach to mathematics and numeracy in all areas of the curriculum
- d) Be aware of the wide variation in mathematical understanding of students of the same age, but strive to enable all students to reach the level of competency required in different subject areas
- e) Be aware of the difficulty students have in transferring skills taught in mathematics lessons to other areas of the curriculum and seek guidance from the Maths department as needed.

**Monitoring and Evaluation:**

The numeracy skills of students should be monitored and evaluated as follows:

- a) Direction from senior management on cross-curricular numeracy objectives written into Departmental Schemes of Work
- b) Head of Maths to inform, recommend and disseminate numeracy initiatives
- c) Discussion of numeracy issues/initiatives to be included in academic staff meetings
- d) Analysis of MidYIS, GCSE results and other standardised tests.



## UPPER SCHOOL (YEARS 12 TO 14)

### Artistic curriculum

The Royal Ballet School has its own System of Training which is fully documented and which is applied by the students throughout their time at the School.

Artistic classes or rehearsals take place each day (approximately 6 hours per day) including at least alternate Saturday mornings (approximately 2 hours). When students are also involved in evening performances (and related rehearsals), every effort is made to reduce their training hours to take account of this additional physical requirement.

### ACADEMIC CURRICULUM

The Upper School curriculum is based on students taking:

- A Bachelor of Arts (BA) degree in Classical Ballet & Dance Performance (validated by Roehampton University).
- Students may also study one A level, OR
- a national diploma from their country of origin.
- Students for whom English is not their first language will study an English language qualification (EAL).

The timetable of study for September 2017 will be:

1 <sup>st</sup> Year	First 6 modules of degree (see attached outline)	A Level / national diploma EAL
2 <sup>nd</sup> Year	Second 6 modules of the degree	A Level / national diploma / EAL
3 <sup>rd</sup> Year	RBS Careers module (September 2018) Final 5 modules of the degree (from September 2019)	Some students continue EAL / national diploma studies

Academic lessons are taught every morning for approximately 2 hours for both 1<sup>st</sup> and 2<sup>nd</sup> years. 3<sup>rd</sup> Year lessons are published weekly on the artistic timetable.

There is currently a choice of four A-level subjects: Art, English, Mathematics and French. Choice is restricted by numbers and resources and may vary according to demand and need. A final decision about academic choices is made following discussions with relevant teaching staff, the Senior Teacher and the Academic & Pastoral Principal. The Extended Project Qualification (worth half an A level) is a research-based qualification for those students wishing to enhance their academic education in addition to the above programme or for those who join late.

### **Students for whom English is not their first language (EAL)**

At Upper School those students for whom English is not their first language are tested on arrival. All will follow the degree course, with support from the EAL teachers. Those who need tuition in English have group lessons with an EAL teacher in which they are prepared for English exams offered by the University of Cambridge, Cambridge English Language Assessments. Some students may also be able to take an A Level or national diploma where their language skills permit.

All EAL students are required to follow a programme of self-study in the English Language prior to joining the School.

### **Overseas students**

It is a requirement of student visa entry to the UK (and indeed attendance at a UK school for any international or UK student) that a suitable UK approved full-time course of study is followed. It is, therefore, compulsory for all students to follow the degree and EAL courses offered.

A number of overseas students may wish to follow on-line courses leading to a recognised and approved qualification in their home country: for instance a US High School Diploma. They enrol for these courses themselves and study these during the A Level lesson times, in the evenings and at week-ends. They are monitored by an allocated member of staff.

This can pose a significant additional strain on students and so any such programme needs approval by the School. If a student is struggling to maintain satisfactory progress on their UK courses, then it may not be possible for them to continue to undertake this additional study.

### **Degree programme**

This exciting course is approximately 30% theoretical and 70% vocational. An outline of the degree is attached.

Successful students will be awarded a Level 5 Foundation Degree at the end of their 2<sup>nd</sup> Year and a full BA honours degree (Level 6) at the end of their Graduate Year. These qualifications are internationally recognised and will provide access to further study at universities in the UK and around the world when a student reaches the end of their dance career, or if they choose to progress into Higher Education sooner.

### **Late entry**

Students do, on occasion, enter the School in the 2<sup>nd</sup> Year and Graduate Years, and at different times throughout the school year. An appropriate academic programme will be put in place on an individual basis when this occurs.

### **Students for whom A Level or National Diploma study may not be appropriate**

All English speaking students (UK and overseas) take baseline academic testing on arrival at Upper School.

For students with non-traditional academic profiles, or those who need to retake KS4 Maths or English, individual decisions will be made in discussion with the student at the start of the academic year. In some cases it will not be sensible for a student to take on additional academic studies beyond the degree course.

### **Special Educational Needs and Disability (SEN/D)**

Parents and students should advise the School of any known SEN/D requirements so that the appropriate support may be put in place. Full details can be found in the SEN/D Policy available on the School website or by request.

## OUTLINE Foundation and BA (Hons) Degree in Classical Ballet and Dance Performance

<b>Year 1 Foundation Degree 120 credits</b>	<b>Year 2 Foundation Degree 120 credits</b>	<b>3<sup>rd</sup> Year Top Up – B.A. Honours 120 credits</b>
<p><i>Classical Ballet Technique 1 = 25 credits</i> Including Classical Ballet (15) Pas de Deux (5) Character (5)</p>	<p><i>Classical Ballet Technique 2 = 25 credits</i> Including Classical Ballet (15) Pas de Deux (10)</p>	<p><i>Classical Ballet Technique 3 = 25 credits</i> Unlearned audition class (15) Classical solo variation (5) Repertoire pas de deux (5)</p>
<p><i>Performance Practice 1 = 25 credits</i> Variation Performance (15) Repertoire Group Performance (10)</p>	<p><i>Performance Practice 2 = 20 credits</i> 2 solos: 1 Classical Variation 10 1 Expressive solo – Lynn Seymour (10)</p>	<p><i>Repertoire Practice = 20 credits</i> Rehearsal and professional application and behaviour (10) Rehearsal Journal and summary viva (10)</p>
<p><i>Performance 1 = 10 credits</i> Variation Performance (5) Repertoire Group Performance (5)</p>	<p><i>Performance 2 = 15 credits</i> 2 solos: 1 Classical Variation (5) 1 Expressive solo – Lynn Seymour (10)</p>	<p><i>Performance Project = 20 credits</i> Exchange Performances Summer Performances End of year Show ROH</p>
<p><i>Contemporary Technique 1 = 20 credits</i> Contemporary Technique</p>	<p><i>RBS010 Contemporary Technique 2 = 20 credits</i> Contemporary Technique (20)</p>	<p><i>Professional Practice = 15 credits</i> Career Preparation – CV writing, Audition Planning and mock audition class.</p>
<p><i>Classical Context = 20 credits</i> Development of English Ballet Style Special emphasis on Ninette De Valois and The Royal Ballet Company: to include study of pre-romantic, romantic and classical ballet. Definition of styles.</p>	<p><i>Contemporary Context = 20 credits</i> Dance Development in the late C20th and C21st including modernism, post-modernism. Key practitioners and styles: Graham, Cunningham, Limon and contemporary British influences.</p>	<p><i>Dissertation = 40 credits</i>  Extended research project. Student choice on a ballet or practitioner or injury management, research into a particular role, Lynn Seymour Competition, Ursula Moreton etc.</p>
<p><i>Healthy Dancer 1 = 20 credits</i> Knowledge of nutrition, muscular skeletal system, cardiovascular system, nervous system, causes, treatment and prevention of dance injuries. Use of Smartabase health monitoring and tracking database.</p>	<p><i>Healthy Dancer 2 = 20 credits</i> Psychology of performance Performance and Movement analysis and comparison between other elite athletic programmes. Use of Smartabase health monitoring and tracking database.</p>	
<p><b>120 credits Level 4</b> <b>Total 1 year: 120 Credits</b></p>	<p><b>120 credits Level 5</b> <b>Total 2 years: 240 credits</b> <b>= Foundation Degree</b></p>	<p><b>120 credits Level 6</b> <b>Total for 3 Years: 360 credits</b> <b>= BA (Hons) Degree</b></p>