



ROYAL BALLET SCHOOL

PHYSIOTHERAPIST

OVERALL PURPOSE OF THE POST

The Physiotherapist will be part of a team that supports the physical, mental health and emotional wellbeing of students at White Lodge.

SUMMARY OF THE ROLE

The Physiotherapist will be responsible for the musculoskeletal management of students as part of the healthcare service at White Lodge (WL). They will also contribute to the effective administration of this service and the delivery of a sports science-based approach to injury prevention and management. This role works within a multi-disciplinary team consisting of Physiotherapists, Nutritionists, Nurses, Pilates Instructors, Rehabilitation Teachers, and SEM Consultants.

CONTRACT TERMS

Salary	£26,662.50 per annum
Hours	0.675 FTE (27 hours per week) Ideally Monday, Wednesday and Friday
Location	White Lodge, Richmond Park
Annual Leave	All annual leave to be taken outside of term time and other scheduled Inset times
Other	This position does require two weeks of work during the Summer to cover the Intensive Courses
Line Managed by	Head of Healthcare
Key contacts	White Lodge Healthcare Team, Pastoral staff and Artistic Staff

SAFEGUARDING DUTIES AND RESPONSIBILITIES

The School is committed to safeguarding and promoting the welfare of children and young people and recognises that safeguarding and promoting the welfare of children is everyone's responsibility. The School expects all staff and volunteers to share this commitment to children's safeguarding and

to share this child-centered approach. This approach means that staff must consider, at all times, what is in the best interests of the child. Additionally, the following is expected of all staff:

- To uphold the School's policies relating to safeguarding and child protection, behavior, health and safety and all other relevant policies
- To promote and safeguard the welfare of children and young persons for whom you are responsible, and come into contact with
- To report any safeguarding concerns using the relevant channels, such as informing the Designated Safeguarding Lead, in a timely and appropriate manner
- To ensure full compliance with all statutory regulations, in particular the most recent Keeping Children Safe in Education, and communicating concerns to the Designated Safeguarding Lead, other relevant staff of The Royal Ballet School or local children's services as appropriate.

MAIN DUTIES

This list should be seen as illustrative rather than prescriptive

- The diagnosis and treatment of musculoskeletal injuries sustained by the students at the School, to include Sports Massage where necessary, use of the physiotherapy equipment, & providing clinical updates to Head of Healthcare as required
- Delivery of evidence-based treatment to all students and establishment of long-term rehabilitation pathways in conjunction with the student, physical development team and artistic teams
- Development and implementation of individualised rehabilitation plan as part of the wider MDT management, to include management of RED-S where appropriate
- Supporting the delivery of a sports science-based approach to injury prevention and management using our online athlete management system
- Contributing to the efficient administration of the healthcare service for the WL students, including arranging physiotherapy and other appointments, including in school holidays, completing accurate records, as well as liaison with and administration of necessary external specialists
- Proactive liaison with artistic and pastoral staff to ensure the welfare and wellbeing of students, to include sending weekly healthcare reports through our online athlete management software
- Ensuring appropriate and timely parental communication
- Regular liaison with artistic staff, sport scientist, and other rehabilitation staff regarding injury prevention, management, and rehabilitation.
- Advising students on fitness and use of the gym
- Ensuring all reasonable measures are taken for the health and safety of users of the gym and healthcare facilities
- Adherence to all relevant professional standards, regulations (statutory or otherwise) and codes of practice relevant to the role

- Contributing to the development and maintenance of compliant healthcare policies under National Minimum Standards for Boarding (NMS) in close liaison with White Lodge colleagues
- Attendance to all relevant weekly WL meetings including the healthcare team and artistic-healthcare meetings
- Participating in the WL hydrotherapy service
- Participating in the students termly healthcare profiling (3x a year)
- Regular liaison with White Lodge healthcare staff and Upper School healthcare team
- Maintenance of own continuing professional development (CPD) in conjunction with that of the Healthcare Team
- Occasionally respond to emergencies out of hours as and when required
- Any other duties that may reasonably be requested by the School and falling within the general range and scope of the position.

PERSON SPECIFICATION

ESSENTIAL CRITERIA

- A BSc (Hons) in Physiotherapy from a reputable institution including registration with HCPC and CSP
- Have completed or working towards a relevant MSc or other comparative qualification in a related field
- Substantial professional practice in physiotherapy specialising in musculoskeletal / sport Physiotherapy
- Solid experience in diagnosing and treating musculoskeletal injuries in a high performance or elite sport environment
- Proven rehabilitation competency in sport and/or dance with the ability to implement innovative ideas
- Commitment to maintaining own professional development
- Experience of working in a multi-disciplinary healthcare service
- Good verbal, numeric, IT and written communication skills
- Good organisational, time-management and administrative skills
- The ability to work well under-pressure and handle conflicting priorities
- Passionate about the delivery of an exceptional healthcare service to gifted and talented young people and the ability to support a high-performance culture and team ethic
- Empathy with the aims and ethos of the School
- Evidence of professional development with an emphasis on high performance sport, dance or closely related disciplines.

DESIRABLE CRITERIA

- Experience in writing/developing sports exercise medicine protocols to ensure excellence in practice
- A strong appreciation of dance or ballet as an art form
- Experience of working with young people in school or educational environment
- A relevant sports massage qualification
- A relevant acupuncture qualification

- A relevant hydrotherapy qualification
- Experience of working with electronic athlete management software/online clinical notes.

We're passionate about creating an inclusive workplace that promotes and values diversity. At The Royal Ballet School we are committed to creating an environment where every one of our employees feels part of our team and can flourish, regardless of their background.