



PLACEMENT PHYSICAL DEVELOPMENT COACH - ADVERT

Placement Role: Placement Physical Development Coach

Location: The Royal Ballet School (White Lodge), White Lodge Richmond Park, Richmond, TW10 5HR

Positions Available: 1 – 2

Remuneration: Travel and lunch expenses only

Supervisor: Anna Buckmaster, Physical Development Coach

Placement Dates: September 2026 – July 2027 (start date subject to completion of pre-employment checks)

Deadline: 23:59 (UK time) Friday 19th June 2026

Placement Description

This placement offers an exciting opportunity for a student to gain experience within a unique high-performance environment at the forefront of sports science, strength and conditioning (S&C) and applied research at The Royal Ballet School.

The placement coach will support the delivery of S&C in both the gym and the studio, working with students aged 12 – 16 years. Responsibilities may include, but are not limited to:

- Data entry and administration
- Assisting with physical testing training-load monitoring strategies
- Assisting with growth and maturation monitoring and interventions
- Assisting group and individual session planning and delivery
- Assisting with rehabilitation-focused S&C
- Collaborating with members of the Healthcare and wider interdisciplinary support team

Strong communication skills are essential, as the placement coach will work closely with practitioners across dance, physiotherapy, psychology, sports science, and medical support. The placement coach will also benefit from a structured individual development plan and exposure to a range of learning and professional development opportunities.

What We Offer

- Experience within a world-class performing arts and high-performance training environment
- Mentorship and supervision from experienced S&C Coach
- Access to CPD opportunities, including workshops and interdisciplinary learning

- An organisationally structured Individual Development Plan (IDP) tailored to your goals
- Exposure and potential integration to ongoing applied research projects
- Supportive integration into an interdisciplinary team environment
- Travel and lunch expenses covered

Safeguarding Duties and Responsibilities

The Royal Ballet School is committed to safeguarding and promoting the welfare of children and young people and expects all staff, student placements, and volunteers to share this commitment.

All members of staff are expected to:

- Uphold the School's policies relating to safeguarding and child protection, behaviour, health and safety, and all other relevant procedures.
- Promote and safeguard the welfare of children and young people with whom they work or come into contact.
- Ensure full compliance with statutory regulations, including *Keeping Children Safe in Education (2025)*, and communicate concerns appropriately.

All successful candidates will be required to undertake an Enhanced Disclosure and Barring Service (DBS) check, as well as additional pre-employment checks in line with safer recruitment and boarding school regulations.

Person Specification

The ideal candidate will:

- Be based in Greater London and studying towards a degree in Sport Science, S&C or related field.
- Possess knowledge of anatomy, physiology, and S&C principles.
- Ideally, hold applied experience across rehabilitation and adolescence athlete development.
- Show knowledge of LTAD, growth and maturation and training of adolescent athletes.
- Show enthusiasm for learning within an interdisciplinary high-performance environment.
- Demonstrate strong communication and interpersonal skills.

Application Process

To apply, email with the subject line '**RBS WHITE LODGE PDC PLACEMENT**' to: jobs@royalballetschool.org.uk

Please include a CV (maximum two pages) and a short cover letter (maximum one page) explaining:

1. Why you are interested in the placement
2. What you hope to gain from the placement
3. Any relevant experience or skills you can bring to the placement